EPISODE 271

Leveraging Interruptions As A Positive Force For Your Leadership





Essential Question



How can interruptions <u>help</u> me get into classrooms, and how can I <u>manage</u> the interruptions that keep me from getting into classrooms?



Interruptions Are Inevitable



Any instructional leadership plan that requires an interruption-free day is doomed to failure.



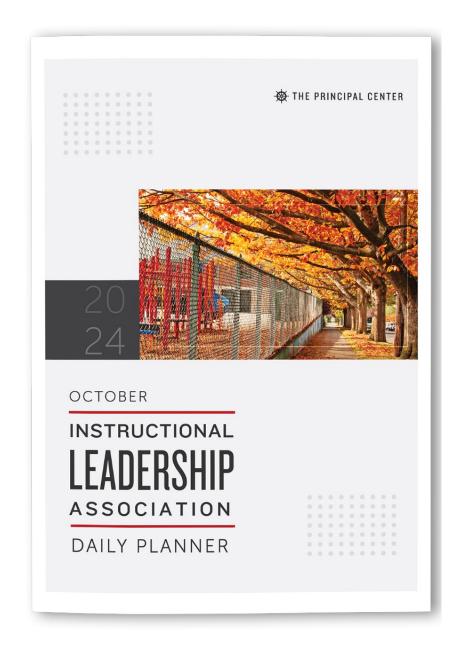
"Blocking Off Time"



- Planning how you will use your time is essential
- Uninterrupted time is necessary for some tasks
- Walkthroughs are short and flexible



Planners









The New York Times

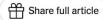
Opinion

GRAY MATTER

Brain, Interrupted

By Bob Sullivan and Hugh Thompson

May 3, 2013











As economics students know, switching involves costs. But how much? When a consumer switches banks, or a company switches suppliers, it's relatively easy to count the added expense of the hassle of change. When your brain is switching tasks, the cost is harder to quantify.

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There have been a few efforts to do so: Gloria Mark of the University of California, Irvine, <u>found</u> that a typical office worker gets only 11 minutes between each interruption, while it takes an average of 25 minutes to return to the original task after an interruption. But there has been scant research on the quality of work done during these periods of rapid toggling.





After An Interruption

INSTRUCTIONAL LEADERSHIP SHOW

- Get up
- Grab your notecards
- Get into a classroom
- Get back on task



Schedule Generator





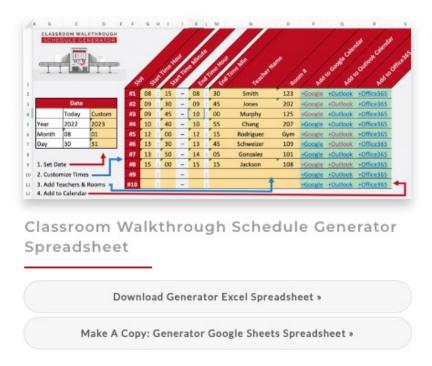
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Schedule Generator





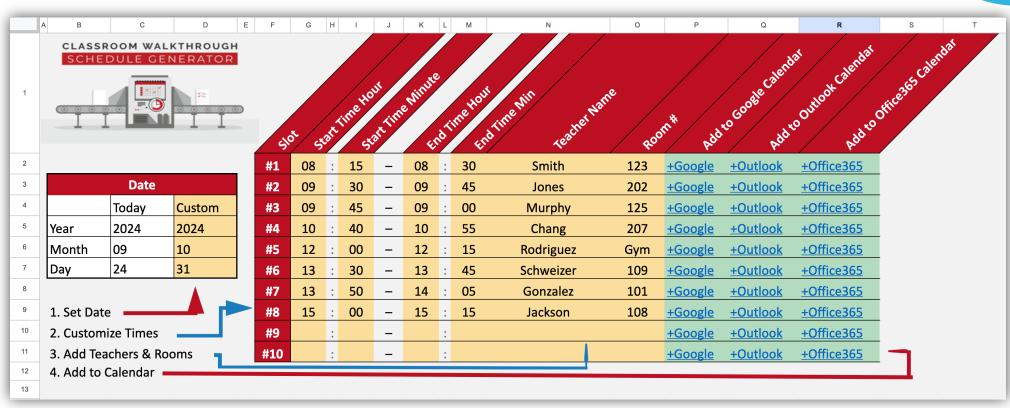


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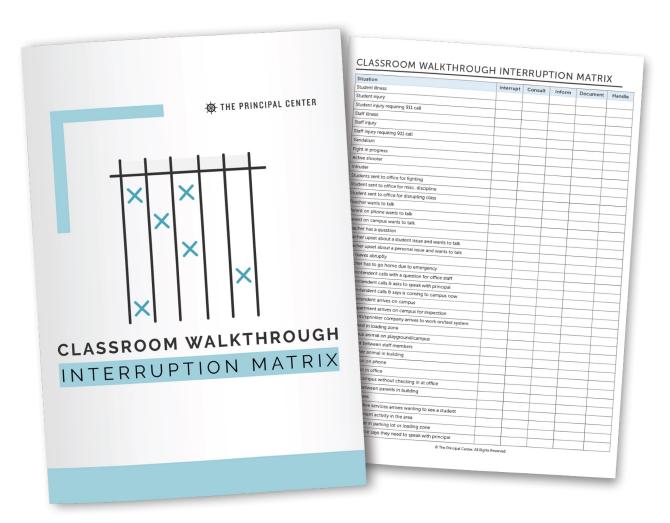
The Spreadsheet







Interruption Matrix







Discuss With Office Staff



CLASSROOM WALKTHROUGH INTERRUPTION MATRIX

| Situation | Interrupt | Consult | Inform | Document | Handle |
|--------------------------------------|-----------|---------|--------|----------|--------|
| Student illness | | | | | |
| Student injury | | | | | |
| Student injury requiring 911 call | | | | | |
| Staff illness | | | | | |
| Staff injury | | | | | |
| Staff injury requiring 911 call | | | | | |
| Vandalism | | | | | |
| Fight in progress | | | | | |
| Active shooter | | | | | |
| Intruder | | | | | |
| Students sent to office for fighting | | | | | |

Interruption Matrix

- a) Interrupt
- b) Consult
- c) Inform
- d) Document
- e) Handle



- Staff workplace injury?
- Minor student injury?
- Misc. discipline referral?
- Superintendent visit?





Self-Interruption



- When you're getting distracted, get into classrooms
- When you're feeling antsy, get into classrooms
- When you've sent the email, get into classrooms
- When you're scrolling your inbox, get into classrooms



The Toolbox





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